



Dada Bhagwan Parivar

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Prayers to...

the Inner Pure Soul



1

Trimantra

Namo Arihantanam (1)

I bow to the Lord who has annihilated
all the inner enemies of anger, pride,
deceit greed, attachment and abhorrence.

Namo Siddhanam

I bow to all the Lords who have
attained final liberation.

Namo Aayariyanam

I bow to all the Self-realized masters
who unfold the path of liberation.

Namo Uvazzayanam

I bow to the Self-realized teachers
of the path of liberation.

Namo Loye Savva Saahunam

I bow to all those in the universe
who have attained the Self and
are progressing on this path.

2

Eso Pancha Namukkaro

These five salutations.

Saava Paavappanasano

Destroy all the sins.

Mangalanam cha Saavesim

Of all that is auspicious.

Padhamam Havai Mangalam

This is the highest.

Om Namo Bhagavate Vasudevaya (2)

I bow to the One who has become the
Supreme Lord from a human being.

Om Namah Shivaaya (3)

I bow to all auspicious beings of this
universe who are the instruments
of salvation of the world.

Jai Sat Chit Anand

The Awareness Of The Eternal Is Bliss

3

Purity aeisi rakhenge hum...

Antaryami paramatma ko naman
Oh Inner Pure Soul, I bow down to you
Shakti hamesha milti rahe apse
May we always get strength from You

Aeisi krupa kar do,
Agyan duur ho,
atam gyan paye

Show your grace upon us, free us from ignorance,
may we attain knowledge of the Self

Antaryami paramatma ko naman
Oh Inner Pure Soul, I bow down to you
Shakti hamesha milti rahe apse
May we always get strength from You

Sadbuddhi prapta ho,
vyavahar adarsh ho,
seva mey jivan rahe

May we attain positive intellect, ideal behavior,
and may our lives be dedicated to serving others

4

Antaryami Paramatma ko naman

Oh Inner Pure Soul, I bow down to you

Maat-Pita ka upkar na bhule

May we never forget the obligations of our parents

Hardam guru ke vinaya mey rahe

May we always remain respectful towards our guru

Dosto se spardha na karenge

We will never compete with our friends

Ekagrah chitt se padhenge hum

We will study with full concentration

Alasya ko talo,

vikaro dur kar do,

vyasanose hum mukta rahe

Keep us away from laziness, free us from
all sexual inclinations, free us from addictions

Aeise kusango se bacha lo hame

Please save us from such negative influences

Mun-Vachan aur kaya se

With our mind, speech and body

Dukh kisi ko hum na de

May we never hurt anyone

5

Chahe na kuch bhi kisika
May we not desire anything belonging to others
Purity aeisi rakhenge hum
This is the kind of purity we will always keep
Kalyan ke hum sab,
nimit bane aeise,
vishwa mey shanti felaye
May we become the instrument for salvation such
that we spread peace in the world
Antaryami Paramatma ko naman
Oh Inner Pure Soul, I bow down to you
Purna roop se hum khile
May we blossom in every way
Mushkilo se na dare
May we never fear difficulties
Dharmoke bhed mita de jagame
May we wipe out the differences
between religions in this world
Gyan drashti ko paakar hum
By attaining vision of the pure Self

6

Abhed ho jaye,
Laghutam me rahkar hum,
Prem swaroop ban jaye
May we become One, by remaining humble, may we
become pure love itself
Antaryami paramatma ko naman
Oh Inner Pure Soul, I bow down to you

Pray every morning

Oh Inner Pure Soul, please give me the
strength not to hurt anyone by my mind,
speech and body.

Oh Inner Pure Soul, please make me
just like you and take me to moksha.

7

Nav Kalamo...

Nine Deep Inner Intents

1. Oh Inner Pure Soul, please give me the infinite inner energy not to hurt, cause someone to hurt, nor instigate anyone to hurt the ego of any living being, even to the slightest extent. Give me the infinite inner energy not to hurt the ego of any living being and to conduct my thoughts, speech and action in a manner that is accepted by all.
2. Oh Inner Pure Soul, please give me the infinite inner energy not to hurt, cause someone to hurt, nor instigate anyone to hurt the foundation of any religion, even to the slightest extent.

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Give me the infinite inner energy not to hurt, even to the slightest extent, the foundation of any religion and to conduct my thoughts, speech and action in a manner that is accepted by all.

3. Oh Inner Pure Soul, please give me the infinite inner energy not to criticize, offend, or insult any living monk, nun, preacher or religious leader.
4. Oh Inner Pure Soul, please give me the infinite inner energy not to, nor cause anyone to, nor instigate anyone to dislike or hate any living being, even to the slightest extent.

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5. Oh Inner Pure Soul, please give me the infinite inner energy not to, nor cause anyone to, nor instigate anyone to speak any harsh or hurtful language towards any living being, even to the slightest extent.

If someone speaks in harsh or hurtful way, please give me the strength to speak kindly and softly in reply.

6. Oh Inner Pure Soul, please give me the infinite inner energy not to have, nor cause anyone to have, nor instigate anyone to have any sexual inclinations, feelings or gestures towards any living being, be it male or female or of bisexual orientation.

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Give me the supreme energy to be eternally free from all sexual inclinations.

7. Oh Inner Pure Soul, please give me the infinite inner energy not to have any greed towards any taste in food. Give me the energy to take a balanced meal consisting of all tastes.

8. Oh Inner Pure Soul, please give me the infinite inner energy not to, nor cause anyone to, nor instigate anyone to criticize, offend or insult any being, present or absent, living or dead.

9. Oh Inner Pure Soul, please give me the infinite inner energy to become an instrument in the path of salvation for the world.

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Prayer before study

When you sit down to study for an hour in one place with stability then begin with reciting

'Dada Bhagwan Na Asim Jay Jay Kar Ho'

for 10 minutes in such a way that you read each letter as you recite then pray to inner pure soul as stated below :

“Oh inner pure soul, I pray to you for the ultimate memory power to study. I ask for forgiveness for all the mistakes that I have committed through my chitt and I ask for the infinite strength to concentrate my chitt in only You and my studies.”

(Dada Bhagwan is the pure soul that resides within you)

Prayer to Inner Pure Soul

Oh Inner Pure Soul within me, You reside within all living beings, just as You reside in me. My real form is the same as You. My real form is Shuddhatma, pure Soul.

Oh Lord, Inner Pure Soul, with utmost devotion and oneness, I offer my salutations to You.

I confess to You all mistakes (recall them internally) that I have committed in my ignorant state. I am sincerely and deeply repentant for these mistakes and ask for forgiveness. Oh Inner Pure Soul, please forgive me, forgive me, forgive me, and grant me the strength never to repeat such mistakes.

Oh Inner Pure Soul, please bless us all with such grace that this feeling of separation from You terminates and that we attain oneness with You. May we remain absorbed as one with You.

Pratikraman... Ask for forgiveness

Oh Inner Pure Soul, I ask for forgiveness from the Lord within all those whom I hurt knowingly or unknowingly with my mind, body or speech in the course of this day. I whole heartedly repent. Please grant me the strength not to repeat these mistakes again.”

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Prayer for all

Oh Inner Pure Soul,
Bring Salvation To The World
May All Living Beings
Attain Knowledge Of The Self
May The World's
Obstacles Disappear
Swami Grant Shelter To All

‘Dada Bhagwan Na
Asim
Jay Jay Kar Ho !’

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